

*POSITIVE CHOICES RULE!*  
Standard 1 FOUNDATIONS Grades 1-3  
1PA-FA PO 2

SET UP: Talk to students about the power of positive choices. Tell them if we remain strong and are quick thinkers we can even turn poor choices into positive choices!

EQUIPMENT: Flags for all participants except three. Open space for safe running.

OBJECT OF THE ACTIVITY: Demonstrate skills of chasing, fleeing, dodging to avoid others; Demonstrate desire to turn poor choices into positive choices

ACTIVITY GUIDELINES: Pick three participants to be the “Power of Positive Choices” team. Give all other participants a flag to be worn on a flag belt or tucked into a waistband. Explain that all flags must hang down their full length and may not be blocked or hidden. Share briefly that being a “Pillar-Based” person means making positive choices that follow the Pillar guidelines. Today’s activity will demonstrate the “Power of Positive Choices”. Explain that in real life we are often faced with whether or not we will make a poor choice or a positive choice. Say that the more we are surrounded by poor choices the more likely we are to make a poor choice **and** the more we are surrounded by positive choices the more likely we are to make a positive choice. Explain that on the “go signal” those with flags will start running about the room – they represent boys and girls who may be ready to make poor choices. The “Power of Positive Choices Team” will count to three and then will run to see how quickly they can steal every participant’s flag. As soon as a participant’s flag is stolen they automatically become a part of the “Power of Positive Choices Team” and may also begin stealing flags. As soon as the last flag is stolen a freeze is called and all students stop where they are. Briefly share what some of the poor choices might have been if the “Power of Positive Choices Team” could not have stopped them. Congratulate the team on conquering the poor choices, select a new “Power of Positive Choices Team” and go again!

FOLLOW-UP: Talk about Peer Pressure – encourage students to always be a part of the positive peer pressure group.